

So you've signed up to run the Potters 'Arf?

You could also sign up to support Dougie Mac by getting sponsored! Join #TeamDougieMac to raise funds and help your local hospice continue to provide care and support.

As a special thank you all Dougie Mac fundraisers receive a Dougie Mac sweatband!



Interested?

Email fundraising@dmhospice.org.uk

Call 01782 344359



the donna louise
Hospice care for children & young people



Run For Chloe

Call our fundraising team
on 01782 654444 or email
hello@thedonnalouise.org



Essential Information For All Participants

Stoke on Trent City Centre (Hanley)
Sunday 9th June 2019
Start 10.30AM

Thank you for your entry

Please find enclosed your **race number** which contains a **computer chip**.

Everyone competing in the race (including walkers) must wear these. In the relay only the **first** and **last** leg runners have to wear the chip, but **all** runners must wear the number.

Please note that failure to follow these instructions will result in you/your team not appearing in the results.

Can all runners please make sure that the medical information on the reverse of the runners bib is fully completed prior to the race date.

Parking

You are strongly advised to arrive no later than 09:30am. There are no dedicated car parks for the race, just choose the most convenient City Council car park for yourself.

Presentations

Will be at 1:00pm at the Hanley Building Society, Lamb Street.

Visit our website - <http://www.potters-arf.co.uk>

Neal Morrell (Race Director), Civic Centre, Glebe Street, Stoke-on-Trent ST4 1HH.
Mobile: 07825 732696

RUNNERS' INFORMATION

Baggage will be stored in the **Market Hall** which is situated under the Potteries Shopping Centre. Your baggage tag is enclosed.

Portaloos will be located close by.

The **start** will be on the Potteries Way but runners must line up in Huntbach Street at 10.20am before moving to the start.

The **finish** is based in front of the Shopping Centre by the statue of Sir Stanley Matthews (our former patron).

Course Details

Markers will be erected at **every mile** and **water stations** situated at 3.5 miles, 7 miles and 10 miles.

Time Limit

Remember that there is a time limit of 2 hours 40 minutes, so if the last car passes you then you will need to run on the pavement.

Walkers

If you plan to walk all the way then you should report to **Neal Morrell** outside **Marks & Spencers** at 9.00am.

Make sure you know the route and take a drink with you. You **must not** walk on the road until the leading runners pass you.

#PottersArf

The 'Arf is amazing and we want to tell the world about it on social media! Please share messages, photos and videos about your preparations – and your experience of the event itself. Most importantly – remember to use #PottersArf. It's a great way to connect with other people who are taking on this amazing challenge. Find the Facebook event page at facebook.com/sotcitycouncil/events

Register at <http://www.thehanley.co.uk/about-us/community-involvement/potters-arf-marathon/>



Race Licence Number Applied For

COURSE

START	POTTERIES WAY
LEFT	YORK STREET
LEFT	HANOVER STREET
RIGHT	HOPE STREET
LEFT	QUADRANT ROAD
RIGHT	TOWN ROAD
STRAIGHT ON	PARLIAMENT ROW
RIGHT	PERCY STREET
LEFT	TONTINE STREET
LEFT	LICHFIELD STREET
STRAIGHT ON	VICTORIA ROAD
STRAIGHT ON	KING STREET Water station
LEFT	ANCHOR ROAD Steep Hill
LEFT	DIVIDY ROAD
RIGHT	BEVERLEY DRIVE Water station
RIGHT	MALTHOUSE ROAD
RIGHT	RUXLEY ROAD
LEFT	MARYCHURCH ROAD FELLBROOK
STRAIGHT ON	LANE
STRAIGHT ON	ABBAY LANE
LEFT	ABBAY ROAD
RIGHT	LEEK ROAD
LEFT	LEONARD AVENUE
LEFT	LEEK NEW ROAD Water station
LEFT	BERWICK ROAD
RIGHT	MILTON ROAD Steep Hill
LEFT	HANLEY ROAD
STRAIGHT ON	CHELL STREET
RIGHT	TOWN ROAD
FINISH	Adjacent to Stan Matthews Statue

