



## **Additional Information For All Relay Team Participants**

---

**Four Stage Relay Challenge**  
**Sunday 9th June 2019**

**Start 10:30am**      **City Centre**

---

### **INSTRUCTIONS**

1. Race number to be worn on the front of the vest or T-shirt.  
First stage and last stage runners to wear race number containing computer chip.
2. Teams must make their own way to and from the change over points.
3. Team members must 'touch hands' at each change over.
4. If you do not have four runners you can still compete by any runner completing two stages.

### **CHANGE OVER POINTS & REPORTING TIMES**

**1. Duke of Wellington, King Street, Fenton - 10.30**

This is probably the easiest stage (3.3miles)

**2. The Beverley, Beverley Drive, Bentilee - 11.00**

This stage (3.4miles) is the toughest with a steep climb up Anchor Road

**3. Junction Leek New Road/Berwick Road - 11.25**

This is the longest stage (4.7miles) but is mainly flat with a climb at 4 miles.

**4. Finish**

This is the shortest stage (1.7miles) with a very steep climb of about half a mile up Milton Road.

All the change overs will be sign posted.

NB: You must not park on the route

Contact: Neal Morrell (Race Director) - Mobile: 07825 732696



## **Additional Information For All Relay Team Participants**

---

**Four Stage Relay Challenge  
Sunday 9th June 2019**

**Start 10:30am                      City Centre**

---

### **INSTRUCTIONS**

1. Race number to be worn on the front of the vest or T-shirt.  
First stage and last stage runners to wear race number containing computer chip.
2. Teams must make their own way to and from the change over points.
3. Team members must 'touch hands' at each change over.
4. If you do not have four runners you can still compete by any runner completing two stages.

### **CHANGE OVER POINTS & REPORTING TIMES**

**1. Duke of Wellington, King Street, Fenton - 10.30**

This is probably the easiest stage (3.3miles)

**2. The Beverley, Beverley Drive, Bentilee - 11.00**

This stage (3.4miles) is the toughest with a steep climb up Anchor Road

**3. Junction Leek New Road/Berwick Road - 11.25**

This is the longest stage (4.7miles) but is mainly flat with a climb at 4 miles.

**4. Finish**

This is the shortest stage (1.7miles) with a very steep climb of about half a mile up Milton Road.

All the change overs will be sign posted.

NB: You must not park on the route

Contact: Neal Morrell (Race Director) - Mobile: 07825 732696



## **Additional Information For All Relay Team Participants**

---

**Four Stage Relay Challenge  
Sunday 9th June 2019**

**Start 10:30am                      City Centre**

---

### **INSTRUCTIONS**

1. Race number to be worn on the front of the vest or T-shirt.  
First stage and last stage runners to wear race number containing computer chip.
2. Teams must make their own way to and from the change over points.
3. Team members must 'touch hands' at each change over.
4. If you do not have four runners you can still compete by any runner completing two stages.

### **CHANGE OVER POINTS & REPORTING TIMES**

**1. Duke of Wellington, King Street, Fenton - 10.30**

This is probably the easiest stage (3.3miles)

**2. The Beverley, Beverley Drive, Bentilee - 11.00**

This stage (3.4miles) is the toughest with a steep climb up Anchor Road

**3. Junction Leek New Road/Berwick Road - 11.25**

This is the longest stage (4.7miles) but is mainly flat with a climb at 4 miles.

**4. Finish**

This is the shortest stage (1.7miles) with a very steep climb of about half a mile up Milton Road.

All the change overs will be sign posted.

NB: You must not park on the route

Contact: Neal Morrell (Race Director) - Mobile: 07825 732696



## **Additional Information For All Relay Team Participants**

---

**Four Stage Relay Challenge  
Sunday 9th June 2019**

**Start 10:30am                      City Centre**

---

### **INSTRUCTIONS**

1. Race number to be worn on the front of the vest or T-shirt.  
First stage and last stage runners to wear race number containing computer chip.
2. Teams must make their own way to and from the change over points.
3. Team members must 'touch hands' at each change over.
4. If you do not have four runners you can still compete by any runner completing two stages.

### **CHANGE OVER POINTS & REPORTING TIMES**

**1. Duke of Wellington, King Street, Fenton - 10.30**

This is probably the easiest stage (3.3miles)

**2. The Beverley, Beverley Drive, Bentilee - 11.00**

This stage (3.4miles) is the toughest with a steep climb up Anchor Road

**3. Junction Leek New Road/Berwick Road - 11.25**

This is the longest stage (4.7miles) but is mainly flat with a climb at 4 miles.

**4. Finish**

This is the shortest stage (1.7miles) with a very steep climb of about half a mile up Milton Road.

All the change overs will be sign posted.

NB: You must not park on the route

Contact: Neal Morrell (Race Director) - Mobile: 07825 732696